

German teachers' association

Permanent change to summer time would be irresponsible!

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With regard to the yesterday's vote in the Transport Committee in the EU Parliament and the abolition of the clock change from 2021, the **President of the German Teachers' Association**, Heinz-Peter Meidinger, has again urged the Federal Government to prevent a permanent change to summer time in Germany .

He emphasized: "A permanent change to summer time would have serious negative health effects, especially for children and adolescents. The likelihood of sleep and learning problems, depression and diabetes is demonstrably massively increased. At the same time, such a changeover would mean that over 10 million schoolchildren in Germany would have to go to school in the morning in absolute darkness for two months longer, which would also increase the frequency of accidents. That would be irresponsible. "

Meidinger again expressed his lack of understanding that the German health minister of all people had spoken in favor of the permanent summer time, which has such harmful effects on the safety and health of adolescents.

He again asked politicians to switch to winter time, i.e. normal time, in the event of a permanent change of time. The head of the association finally commented on the demoscopically determined slight majority of the population for permanent summer time: "I believe that the positive psychological connotation of the term summer plays no small role, as if one could secure a permanent summer through this change. If the Germans were asked: "Would you like to go to work an hour earlier half a year in the future?" The result would certainly be different. "

You can reach DL President Heinz-Peter Meidinger for comments at 0172 - 28 45 840.

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