

If it's in the News, it's in our Polls. Public opinion polling since 2003.

Just 33% See the Purpose of Daylight Saving Time

in [Lifestyle](#)

[Facebook](#) [Twitter](#) [Email this](#)

Friday, March 07, 2014

Americans will be springing forward an hour this weekend for Daylight Saving Time (DST), but fewer think it's worth the effort or even an effective way to save energy.

Only 33% of American Adults think DST is worth the hassle, according to a new Rasmussen Reports national telephone survey. That is down from 37% last year at this time and 45% in 2012. Forty-eight percent (48%) do not think the clock changing ritual is worth it, but 19% are not sure. (To see survey question wording, [click here](#).)

(Want a [free daily e-mail update](#)? If it's in the news, it's in our polls). Rasmussen Reports updates are also available on [Twitter](#) or [Facebook](#).

The national survey of 1,000 Adults was conducted on March 5-6, 2014 by Rasmussen Reports. The margin of sampling error is +/- 3 percentage points with a 95% level of confidence. Field work for all Rasmussen Reports surveys is conducted by [Pulse Opinion Research, LLC](#). See [methodology](#).

RELATED ARTICLES

- [65% Say Arrival of Spring Lifts Their Spirits](#)
- [More Voters These Days Applaud U.S. Efforts to Find Alternative Energy Sources](#)
- [Voters Think U.S. Environment's in Good Shape](#)
- [41% Say U.S. Heading in Right Direction](#)

Sign up for free daily updates

Your e-mail here



JOIN US ON

[Facebook](#) [Twitter](#) [RSS](#)

OR

in [Lifestyle](#)

[Facebook](#) [Twitter](#) [Email this](#)

Rasmussen Reports is a media company specializing in the collection, publication and distribution of public opinion information.

We conduct public opinion polls on a variety of topics to inform our audience on events in the news and other topics of interest. To ensure editorial control and independence, we pay for the polls ourselves and generate revenue through the sale of subscriptions, sponsorships, and advertising. Nightly polling on politics, business and lifestyle topics provides the content to update the Rasmussen Reports web site many times each day. If it's in the news, it's in our polls. Additionally, the data drives a [daily update newsletter](#) and various media outlets across the country.

Some information, including the [Rasmussen Reports daily Presidential Tracking Poll](#) and [commentaries](#) are available for free to the general public. Subscriptions are [available for \\$4.95 a month or 34.95 a year](#) that provide subscribers with exclusive access to more than 20 stories per week on upcoming elections, consumer confidence, and issues that affect us all. For those who are really into the numbers, [Platinum Members](#) can review demographic crosstabs and a full history of our data.

To learn more about our methodology, [click here](#).

TOP STORIES

- [Daily Presidential Tracking Poll](#)
- [What They Told Us: Reviewing Last Week's Key Polls](#)
- [Hillary Misses Her Presidency More Than Voters Do](#)
- [Trump's Monthly Approval Hits Highest Level in Over Two Years](#)

[About Us](#)
[Our History](#)
[FAQ](#)

[Advertise With Us](#)
[Privacy Policy](#)
[Terms & Conditions](#)

[Careers](#)
[Contact Us](#)