

## **Sleep Protection Act**

### **A BILL**

To abolish daylight saving time, and to provide an effective date.

*Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,*

#### **SECTION 1. SHORT TITLE.**

This Act may be cited as the “Sleep Protection Act”.

#### **SECTION 2. ABOLISHING DAYLIGHT SAVING TIME.**

Section 3(a) of the Uniform Time Act of 1966 (15 U.S.C. 260a) is amended by—

- (1) striking subsection (a); and
- (2) inserting before subsection (b) the following:

##### **(a) DURATION OF PERIOD**

During no period shall the standard time of each zone established by sections 261 to 264 of this title, as modified by section 265 of this title, be advanced by any number of hours or minutes.

#### **SECTION 3. EFFECTIVE DATE.**

This Act shall take effect on January 1 of the year following its enactment.